

GREAT LAKES BULLETIN



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**2005
CHINFO
Merit
Awards**

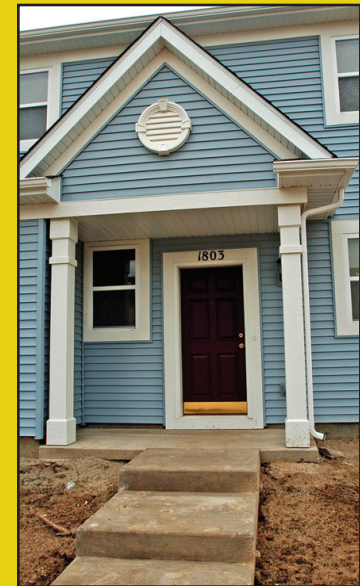
**Volume 83
No. 1**

*The United States Navy's oldest,
continuously published base newspaper*

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AROUND NAVSTA



NEW HOUSING

Open for viewing.
PAGE 22



NEW RATES

BAH to rise 3.5 percent.
PAGE 10

NOW HEAR THIS

NEW UNIFORMS

Coming to NEX
summer of 2008

PAGE 15

2006: The Year In Review

A look at the past year at NAVSTA Great Lakes



By FC2(SW) Jason Mosher

The rebuilding of Naval Station gates was completed in 2006. Gate 1, above, opened for traffic June 19. The overall \$17 million project to renovate the gates incorporates the latest in antiterrorism and force-protection measures. The improvements result in manpower efficiencies and improved safety for gate guards and station personnel. Additionally, the renovation increases traffic flow capacity on and off the station. A nautical theme was used to align the appearance of the historic district around Ross Field.

● **About us**
Great Lakes
BULLETIN

Volume 83, No. 1

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● **Factual accuracy**

Accuracy is important to us at the **GREAT LAKES BULLETIN** and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Paul Engstrom at 847-688-4808

Forest City hosts opens new Forrestal housing to viewing

11 families to move into new homes in North Chicago

By **FOREST CITY, LLC**

Forest City Military Communities, LLC, today announced the completion of the first 12 out of 750 new homes of the company's Navy Great Lakes military housing revitalization project.

These homes, located in Forrestal Village in North Chicago, are the result of a partnership between the U.S. Navy and Forest City Military Communities, a private developer.

Made possible by the Federal Military Housing Privatization Initiative, the 50-year partnership agreement between the U.S. Navy and Forest City will ensure that military families are provided with high-quality, affordable housing options. In addition

to building and renovating the homes, Forest City will redesign the neighborhoods to include modern community amenities such as community centers and recreational facilities, green space, meeting facilities, bike trails and swimming pools.

"Our partnership with the Navy has enabled us to provide Navy families with a high-quality of life at the best value," said John Ehle, senior vice president of Forest City Military Communities.

"Beginning next week, prospective residents can walk around in a model and see what their new homes will look like, just in time for the holiday season."

These two-story, single family homes feature many of the same

amenities found in private sector homes, including new appliances, porches, large closets and storage space.

All 12 of the homes completed this month are four-bedroom houses for junior enlisted servicemen and women and their families.

The new construction at Forrestal Village represents the first of the 328 brand-new three- and four-bedroom single-family homes being built in that village.

A public/private venture (PPV) with the U.S. Navy, the housing redevelopment project includes a combination of demolition, renovation and new construction, and will result in a total of 1,658 military family homes at Naval Station Great Lakes, in the Nimitz Village,

Halsey Village, Forrestal Village, Fort Sheridan and Glenview housing areas and at Naval Surface Warfare Center in Crane, Indiana.

Current Forrestal Village residents moving to the new housing will see a dramatic increase in the size of their current homes, which typically range from 700 to 1,400 square feet, to the new, larger three- and four-bedroom homes, which total over 2000 square feet.

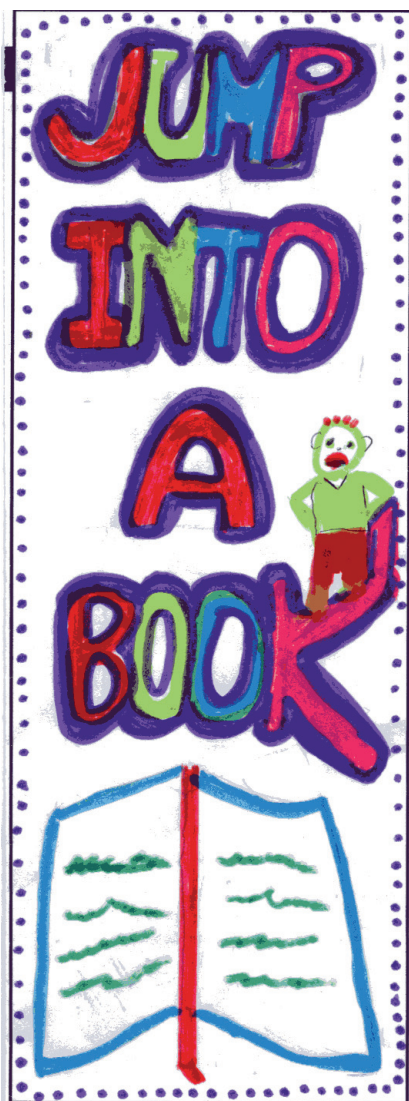
Construction in Ft. Sheridan is already underway, with the first 12 of the total 209 new homes being built there to be ready in June 2007. Demolition of houses at the Glenview development will begin early 2007, with construction beginning later in the year.



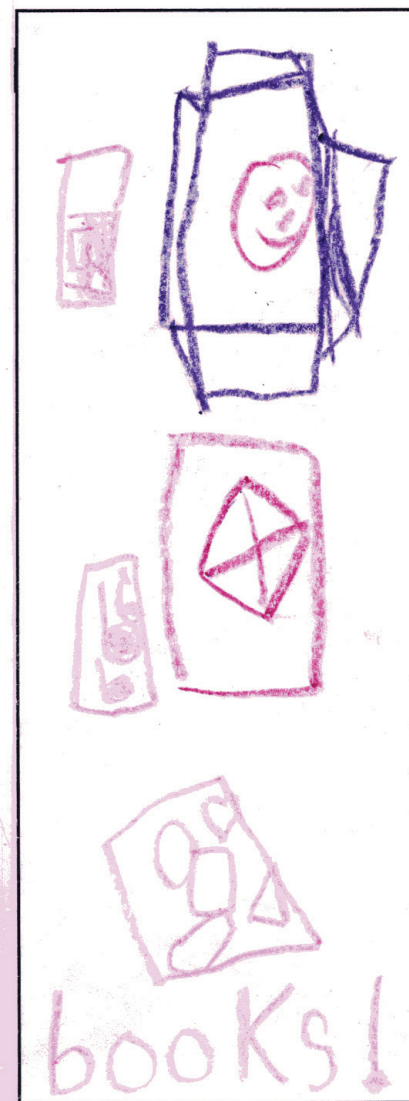
Between 11 a.m. and 1 p.m. on Friday Dec. 29, 33 visitors had stopped by the Forest City Military Communities model home on Virginia Avenue in Forrestal Village. "They're crazy about it," said Misty Becker, Forest City Resident Coordinator. "Our military families deserve homes like this." Features include fireplace, second floor laundry, combination wall jacks to service phone, cable, Internet and facsimile, programmable thermostat, 2.5-car side-entry garage, dual sinks in the master bath and an 8 x 15 storage room on the second floor. For more information, call Becker at (847) 689-4312.

Photo by John Sheppard

Library announces winners of bookmark contest



Joel Leonard



Kaity Schill



Joshua Leonard

In honor of Children's book week, the Great Lakes library sponsored a bookmark design contest. This year's theme was "More books, please!"

The winner in the 5- to 7-year-old category was Katie Schill. Twins Joel and Joshua Leonard took top honors in the 8 to 10 year olds.

Any type of drawing material could be used and entries had to be turned in by Nov. 30.

In other library news ... Come and enjoy the library's new storyteller who places an emphasis on reading readiness. In January, she will be conducting story time for children ages 5 and younger from 10-11 a.m. on Wed., Jan. 10 and 24 in the library.

Start the New Year right! January is Amnesty Month at the Great Lakes Library. Customers may gather their overdue and forgotten library books, and bring them back to the library this month. All overdue books brought in during January will not be charged a fine! This amnesty applies only to overdue books brought in during January. Those who already owe a fine on books brought in before this time, still have to pay the fine. Damaged and lost books do not apply and must be paid for.

The Great Lakes Library has books on CDs and audiocassettes available for checkout. But did you know the Navy General Library Program (NGLP) now offers over 4,000 audio books available for downloading? The NGLP has added digital audio books to the E-content available from Navy Knowledge Online (NKO). NKO is located on the Web at www.nko.navy.mil.

All E-content provided by the NGLP is located on the Navy Library E-content page, beneath the reference tab when you log on to NKO.

The library is on the World Wide Web. Check it out at www.mwrgl.com/recreation/library/library.htm.



Winners of the library's bookmark design contest are Joel Leonard, Kaity Schill and Joshua Leonard

A salute to President Gerald Ford



Photo by MC1 V.K. Schaefer-Ward

GM1(SW) Robert Atkinson (left), the quality assurance safety officer, GM1(SW) David Hammell, the gunner, and GM3 Brandon Jones, the timer, rendered a 21-gun salute using the 40mm saluting battery cannon in honor of former President Gerald Ford, the 38th President, at Ross Field, Naval Station, Great Lakes. The single gun was fired once a minute for 21 minutes to complete the honor. All three petty officers work at the armory for base security.

Twin sisters retire after 80 years of service

By **SUSAN M. KOERNER**
TSC Public Affairs

After over 80 years of combined service to Great Lakes, twin sisters Donna Pagels and Lee Noldin retired Jan. 3 from government civil service.

Pagels retired with nearly 41 years while Noldin would have hit the 40 year mark in March of 2007.

"We have totally enjoyed supporting the Navy," said Noldin, who will be leaving the manpower division at Personnel Management. Pagels will be leaving the student control office of Training Support Command.

Pagels began as a clerk typist in September 1966 in what was known as the Administrating Command, in the records and ratings vault. By March of 1967 Noldin had begun her employment in the same office. Their similar appearance has caused confusion for coworkers and customers more than once.

"We've worked in the same office several times during our time here," said Pagels, "it has caused confusion for people."

Government service employees were not readily accepted when the sisters first began

their careers. "The hardest part of being the first phase of civilians was that the military didn't accept us, so you really had to work hard to prove yourself," said Pagels. "Now it ends up that the worst part will be living without the Navy family, it's been such a large part of our lives."

Both reminisced on the various changes the base has undergone. "We've seen schools come and go and come back again," joked Pagels. "We were both happy to be spared by BRAC (Base Realignment and Closure) so we could continue working here."

Born in Detroit, their family moved to Kenosha in 1962 and the sisters finished high school there. They have lived in Kenosha ever since and commuted together, taking turns with driving duties. "We only live two miles apart, and we've commuted together for all these 40 years," said Pagels. "We've solved all our problems on the drive back and forth," added Noldin.

Both feel their efforts were well received. "It's been a great honor to work alongside the men and women that defend our country and in our small way, maybe we've done our part,"



Photo by Matt Mogle

Lee Noldin (left) and Donna Pagels were recognized for their 40 years of service by former Training Support Command commanding officer Capt. Glenn Brunner, left, and CMDCM Vermillion, TSC Command Master Chief.

added Noldin.

The sisters plan on a quiet retirement. "We are going to relax and get to all those things around the house that have been neglected," said Noldin. "After things settle down, I will be vol-

unteering in the community," said Pagels.

The sisters were honored with an awards ceremony and department luncheon in December.

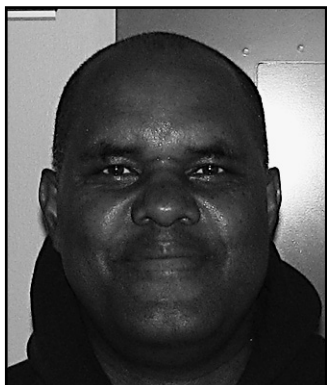
The sisters say they hope to

come back and see some the projects they were involved with come to fruition.

"We were made honorary members of TSC," said Pagels. "They said we can come back anytime."

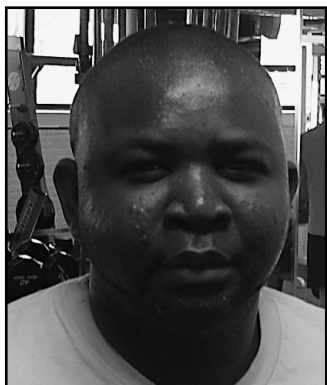
Readers Speak Out

This week the Bulletin asks its readers, "What New Year's resolutions did you make and how long do you think you will keep them?"



"I will work out five times a week at the fitness center and plan on keeping up the routine until I retire."

MMC(SW) Herman Thompson



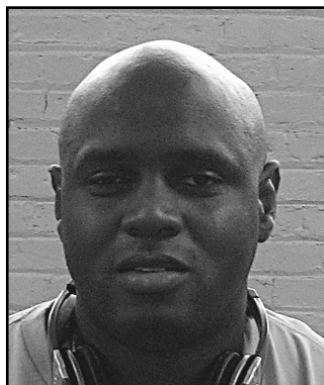
"To finish my degree in molecular biology at the University of Wisconsin, Parkside."

HN Robert Williams



"Become a better dad."

GSM3(SW) Johnnie Beard



"Spend less and save more."

GSE2(SW) Stanford Welch



"I won't make any because I always break them."

"Chucky" Kelly



"Try to stay healthy throughout the new year."

NC1 James Mallett

What Happened When

A look back at historic Great Lakes

40 years ago CHIEF RECEIVES AWARD

The Navy Times Helm Award will be presented to Senior Chief Boatswain's Mate Paul T. Finn, Jr., at the recruit graduation review next Friday. Spring, 37, a native of Springfield, Mass., is RTC's chief master at arms. He was selected from 11 nominees chosen for this honor. A board of six RTC officers chose the 20-year Navy veteran from among five finalists.

30 years ago COUNCIL STUDIES HOUSING

The Great Lakes human relations council met Dec. 16 with housing problems filling much of the agenda. Considerable discussion was held about advising newly transferred personnel as to the availability of on-base housing. Several cases were cited where individuals were informed that no housing was available when apparently space was available.

20 years ago JOIN CREDO RETREAT

The CREDO Personal Growth Retreat scheduled for Jan. 23-25 is an excellent way to make a fresh beginning for the New Year. You can have a new you for the New Year. Take a look at where you have been in life. Remove any road blocks or detours that may have impeded your progress toward the realization of your goals and dreams.

10 years ago NEW INSTRUCTION AVAILABLE

Computerized, self-paced instruction in English grammar, writing, reading and math, is now available to Sailors at the newly opened Academic Skills Learning Center. "This is one area NTC has been lacking," said Hank Fisher, director Navy Campus Education. A similar program is already in place, but due to its structure it's not feasible for many Sailors, he said.

Great Lakes Tyke

Name:
Jaylen Edwards

My favorite color is:
Green.

Age:
4.

My favorite thing to do is:
I go to the park.

I live with:
Mommy.

When I grow up I want to be:
A police officer and a fire fighter and a teacher.

My pets are:
No pets.

My picture is of:
Me and mom and snow and frozen water.

I help around the house by:
I clean up the house.

My favorite book is:
Mystic Force Power Rangers

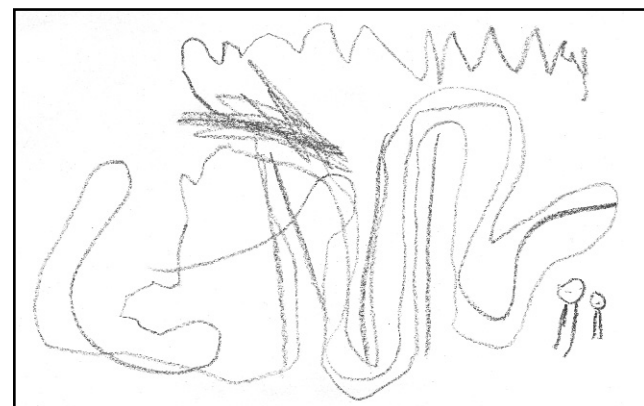
My favorite cartoon is:
Mickey Mouse Club House

My favorite food is:
Hot chicken noodle soup and crackers.

My favorite toy or game is:
Spiderman game.



Jaylen Edwards



NMCRS volunteers needed

The Great Lakes Navy and Marine Corps Relief Society is looking for volunteers. By volunteering you can help a fellow Sailor or Marine and:

- Receive reimbursement for childcare expenses and mileage
- Help people with an emergency need
- Build your resume

•Develop new skills or improve on existing talents

They are now interviewing for the following volunteer positions:

- Thrift Shop workers who accept and organize donated items for resale through the NMCRS Great Lakes Thrift Shop.
- Receptionists who provide

information, greet clients, and process data.

•Caseworkers who listen to requests, make decisions and disburse funds to meet client needs.

Contact Navy-Marine Corps Relief Society Great Lakes for an application or call for more information at (847) 688-6830.

INFORMATION, TICKETS & TRAVEL

Building 400, 688-3537

Hours of Operation
Mon.-Fri.: 10 a.m.-5 p.m.
Sat.: 9 a.m.-1 p.m.
Sun. & Holidays: Closed

January Holiday Hours of Operation

Jan. 5: 10 a.m.-2 p.m.
Jan. 15: Closed.

Australia...

Planning to visit the land down under? ITT can assist you with airfare, tour packages and 3, 4 and 5 star accommodations at unbelievable prices! Visit the ITT Australia Web site: www.ittaustralia.com or call for details, today!

Chicago Wolves Hockey

For the fourth straight year, the Chicago Wolves and the MWR Department are offering 100 free tickets to each and every home game at the Allstate Arena in Rosemont, Ill. All eligible MWR customers may stop by the ITT Office to sign-up (at least two days prior to the game of choice) to receive a voucher (good for up to four tickets) for any home game per month (additional tickets are permitted if availability exists). Customers must present the voucher at the Arena's VIP ticket window on the day of the game to receive their free tickets.

MWR Travel Plus...

The MWR Department's ITT Office operates a full service Leisure Travel Office - MWR Travel Plus! Services include air travel at special military discounts; emergency and dependant travel; off-duty and leave (vacations); and tours and cruises, many at military discounts. A drop phone is available at the ITT Office, which may be used for travel information anytime during regular operating hours. MWR Travel Plus may be reached directly at (800) 905-9330; they may also be found on the web at www.travelplusinc.com. MWR Travel Plus "In Person" Hours (when airline tickets may be purchased) at the ITT Office, Mondays, Wednesdays & Fridays; 10 a.m.-5 p.m. Itineraries may be picked up at the ITT office. Hours the phone service will be in operation Monday-Friday, 8:30 a.m.-5 p.m.

Quality Inn Waukegan

Quality Inn Waukegan is offering low rates to all base personnel, family and friends. Enjoy a complete deluxe continental breakfast bar and newly renovated rooms with special Military rates from \$49/night, located only three miles north of the base at 619 South Green Bay Rd. For reservations, call (847) 662-3200.

America's Action Territory

America's Action Territory is the "Midwest's Finest Family Entertainment Center", offering go-karts, bumper boats, mini-golf, and more! year-round, customers will enjoy a 15,000-foot arcade/redemption area, as well as laser tag, inflatables and more. Located in Kenosha, Wisc. (off Hwy. 50 and I-94), Action Territory offers a 10 percent mili-

tary/government discount with a proper I.D. In addition, The ITT Office now offers discount packages to save even more money! Check out the savings at the ITT Office (Bldg. 400) or call 688-3537 for further details. Discount packages include a wristband special of three games of laser tag/20 game tokens and a slice of pizza and a soda. Kids indoor wristband offers unlimited use of the indoor inflatable games, 20 game tokens and a slice of pizza and a soda.

Ramada-Waukegan

The Ramada-Waukegan, located at 200 N. Green Bay Road, offers all Great Lakes staff, recruits and families a special \$79 rate. Six Flags packages are also available with discounted tickets to the park, hot breakfasts and overnight stays included. Enjoy our variety of amenities: Indoor pool, hot tub, sauna, gift shop, exercise room, restaurant and lounge. Please call (847) 244-2400 to book your next overnight stay at the Ramada-Waukegan.

Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American. Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today to for a list of attractions at 688-3537.

Commemorative Bricks

Etch your name in Great Lakes' history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today!

Welcome Lodging

Welcome Lodging of Waukegan is offering extra low rates for all base personnel starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd. Call (847) 662-3200 for reservations today! Use code "NVGL" when booking your reservations. www.welcomelodging.com

Holiday Inn Hotel & Suites Chicago Downtown

Now serving Great Lakes with discounted rates from \$89/Night (king or two double beds). Located on Harrison St. at Canal St., four blocks south of the METRA Kenosha North Line stop and two blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's. Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza & Lounge. Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away. Clinton "L" stop of the CTA Blue Line is located at the base of the hotel.

Offer subject to availability. Stop by the ITT Office for additional information or visit www.hidowntown.com. For advance reservations, call (312) 957-9100 and ask for the NAVY rate.

Laugh a lot at ComedySportz in Chicago

Finally, a fun, fast-paced comedy show that's great for the whole family. It's ComedySportz, improvisational comedy played as a sport by members of the World Comedy League. Two teams battle for laughs and points as they make up scenes, games and songs on the spot. The audience votes for the winners, a referee calls the fouls and they even play the national anthem before each match. Get your tickets today at ITT for only \$15.

Rinkside Sports Fun Passes!

ITT offers Rinkside Sports Fun Passes for only \$12, located in Gurnee Mills Mall. The Fun Pass includes a \$5 Fun Card to be used for video games, one admission to the Ice Skating Arena, one skate rental, one laser tag game, one free slice of cheese pizza and a small soda (a \$25 value). Use the Fun Passes to host your child's next birthday party.

METRA Tickets

ITT has METRA commuter train tickets on sale. The cost is \$4.50 for a round trip ticket, or \$2.25 for a one-way ticket from North Chicago to downtown Chicago, a savings of over 50 percent off the regular ticket price. Avoid the stress of driving and high parking fees. Let METRA take you on a one-hour leisurely train ride downtown to experience some of the best restaurants, theatres, museums and entertainment Chicago has to offer. These METRA tickets are available to Active Duty Military, only.

Tickets on sale at ITT

At Medieval Times, enjoy a four-course feast and watch breathtaking Andalusian stallions perform! Cheer for your own brave knight in a tournament of skill and the action-packed joust. Experience a night of jousting, sword fighting and feasting at this extraordinary dinner tournament. Buy ITT tickets and go to the head of the line. Cost Adult-\$47, Child-\$35.

The Hancock Observatory

The Hancock Observatory, in the heart of Chicago's Magnificent Mile, gives you a one-stop tour of Chicago. Step out into the wild blue on "Skywalk," Chicago's only open-air viewing deck. Experience Chicago's finest views, spanning 80 miles, four states and 360 degrees. Cost is \$8-adult and \$5.50 child.

Serpent Safari Reptile Zoo

Experience a rare look at the world's greatest collection of reptiles including the largest snake in the world, a 403 lb. Burmese Python! Serpent Safari is located across from the Rain Forest Café, Entrance "C" in Gurnee Mills Mall. Stop by ITT today to purchase your discount tickets: Adults, \$5.50 and Children, \$4.25.

★ ROSS ★ THEATER

Movies: \$2-Adult (Military or DOD)
\$1-Child (ages 6-11), Free-Under age 6

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.



MWR AND USO ARE SPONSORING A...



Welcome Back Bash!

ALL FREE!

Fri., Jan. 5
7 p.m.
At Pier 525



COME AND BE AMAZED BY
HYPNOTIST
CHERYL A. DUDLEY!

Sat., Jan. 6
7 p.m.
At Ross Theater



Improv Comedy Night!

"MISSION IMPROVABLE"

Prior to the show, an Improv Workshop will be held at 3 p.m. in the Loft.

Sun., Jan. 7
6:30 p.m.
At Ross Theater

ENJOY A
FREE MOVIE!

CASINO ROYALE

007 STARRING DANIEL CRAIG



PG 13-For intense sequences of violent action, a scene of torture, sexual content and nudity. (144 Min.)

The movie schedule is subject to change without notice.

For up-to-date information,
call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at

www.mwrgl.com



● **CHAPLAIN' S CORNER**

The new year brings a time for reflection

"Behold, I am doing a new thing; now it springs forth, do you not perceive it?" Isaiah 43:19

Now is the turning of the year, the time when we reflect on what we have done and where we have been; and the time of year when we pray and resolve for better things in the year ahead. The month of January takes its name from the old Roman god Janus, whose head bore two faces: one looking back on the past and the other looking ahead to the future. He was the god of endings and beginnings, and also of things that opened onto other things, like gates, doorways, and windows. But like all of the pagan gods, the future he looked toward bore an uncanny resemblance to the past upon which his other faced gazed. This is because, for the Romans and others before them, time was an endless cycle. What had once been would come to be again—perhaps slightly different in the details, but in large scale always the same. The Fates ruled all, and no one could escape his fate.

But in our society, largely, we carry in us the influence of Judeo-Christian thought and belief, even if we are not religiously observant. For us, time is progress, the moving ahead from old to new, from primitive to more advanced, from incomplete to fulfilled.

We hear this in the verse

quoted from the book of the Prophet Isaiah; when God does a new thing, it is truly new, unprecedented, and nothing that could have been predicted by looking at the past. God's new thing "springs forth." It leaps ahead; it arises from nothing that went before it, just as God created all from nothing by an act of his loving will.

What is the "new thing" that God holds in store for you in this new year? Are your resolutions a rehash of the ones you didn't complete last year? Or do you feel a new and different hope for your life in the year ahead? Remember that wherever you find yourself in your life, there is no point at which you have moved beyond the love of God. You are not trapped by the Fates, as the Romans believed they were; you are not like Janus, who saw ahead of him only a reflection of what he saw behind him.

God does new things with all of us, if only we ask Him and allow Him. The dawn of any new day is no different than the turning of a new year. Before you write your list of resolutions this year, turn your heart and your mind to the One Who created you and holds out for you the fulfillment of a transformed life. Let your resolutions be in accord with His, for He is saying to you, "Behold, I am doing a new thing; now it springs forth, do you not perceive it?"

Making the most of the rest of your life

By **BETH WIRUTH**
Bulletin Contributor

Happy New Year! I am going to start this column with a confession; this is the one holiday article I hate to write. How do you turn this holiday into a military spouse topic? I could write about partying responsibly on New Year's Eve, designating a driver and refusing to allow friends to drive in an unsafe condition. But you've heard that before.

I could write about making and keeping your New Year's Resolution. But the reality is most of us will forget all about our resolutions by March.

No matter what stage of life you are in, a newlywed, a new parent, seasoned mother of four or empty-nester the New Year gives us a moment to pause and reflect. From that reflection inspiration and direction may arise.

There is a saying, "If you don't know where you are going any road will take you there." Where are you going? Let me ask a question – if there were no obstacles to your success what would your life be like in 10 years? Would you finish college? Would you start your own business? Would you home school your children? Would you be a full time mother of a large family? Would you be a mentor?

Each day we make decisions that will position us for success in our dreams and hopes or sabotage those efforts. The key

is to know ourselves, discover our strengths and weaknesses then make each decision toward our goals.

I want to tell you about a friend. This woman started life in the midst of adverse circumstances. She was raised in a dysfunctional family where she endured constant mental cruelty. As a teen she was the victim of a violent crime. Adversity seemed to follow her. She became depressed and even bitter over the circumstances of her life. She gained weight and seemed to struggle to build a meaningful career. This woman is friendly, caring, compassionate, very talented and brilliant. She was a bundle of potential but her past seemed to hold her captive.

My friend, at the age of 40, began a journey to live life on purpose and make the most of the rest of her life. She is now a sought after speaker on this topic. Here are her insights:

Forgive. We have all experienced disappointment or even abuse. Forgiveness is the first step in putting these experiences in the past. Forgiveness does not mean what was done to us is 'okay.' Rather, it means that you refuse to keep a ledger of wrongs and to replay the mental tapes of the events. It means that you refuse to hold it against the wrongdoer.

Unforgiveness affects our health, both mentally and physically. And it chains us to the past events often preventing us

from moving on in our lives.

Spiritual Life: Often we pursue our physical well-being and happiness with a huge void – our spiritual life. Exploring and pursuing a spiritual life offers direction, insight and purpose that can be lacking. Take time to visit various religious organizations to find what fits for you.

Know yourself: What are your strengths and weaknesses? You may want to be a rock star but cannot sing. Accept that limitation and look for another way to be in the industry you love.

Personal Mission Statement: Take the time to draft a personal mission statement. This effort will help you discover yourself, your talents, your dreams. From this you can establish goals and draft a path to achieve all that you can be.

Counseling: Some of us need to work through the scars of the past. Don't hesitate to seek out counseling. Whether from a rabbi, priest, pastor, therapist or psychologist counseling can help put the past where it belongs – in the past. It can help us find the strengths we now have as a result of our past.

May 2007 be a landmark year as you make the most of the rest of your life. Check out my blog at www.homefrontin-focus.com for more resources on making the most of the rest of your life including websites where you can build your own personal mission statement.

● **Command Religious Program Schedule****Catholic**

Sun., 9 a.m. Sunday MassBluejacket Memorial Chapel
Sun., Noon Sunday MassForrestal Village Chapel
Mon.-Fri., 11:45 a.m. Weekday MassBluejacket Memorial Chapel
Sun., 10:30-11:30 a.m. CCDBldg. 122
Sun., 10:30 a.m. Catholics Seeking ChristBluejacket Memorial Chapel

Protestant

Wed., Noon Praise, Word and WorshipNaval Health Clinic All Faiths Chapel
Sun., 10:30 a.m. Contemporary WorshipBluejacket Memorial Chapel
Sun., 10 a.m. Family Worship ServiceForrestal Village Chapel

Church of Jesus Christ of Latter Day Saints

Sun., 1:30 p.m.Naval Health Clinic All Faiths Chapel

Chapels

•Bluejacket Memorial Chapel - Bldg. 3, Naval Station
•Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village
•Naval Health Clinic All Faiths Chapel, Wing 2 South
•For More Information about any of the services or events listed in this schedule, call 688-5610

Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.

A MWR 2006 sports tribute

The MWR sports and fitness branch wants to thank all those who participated in the sporting season. Here's a recap of the 2006 award winners:

Captain Cup Basketball (Jan - Apr) (18 teams) - RTC Wolverines (22-0) completed the season defeating 8th Seed TPU 51-48 in Title Game. Toilet bowl game CNE vs. the Marines 66-30.

Snowbird Softball Tournament champs RTC; Runner up - USS Decatur; Intramural Dodge Ball Champs Ship-4-Boys.

Captain's Cup Volleyball ATT (30-0) ran the table including the playoffs never losing a game during their matches. Toilet Bowl winner was CNE.

80H Basketball League champion was Class 80.

Indoor Soccer champ was USS Preble who defeated BECC Pumas 7-4.

Earth Day Softball Tourney RTC defeats CNE 18-5 in championship game.

Spring Flag Football USS Cole beat USS Essex 13-6 for the title.

5K Runs (5 races Apr - Sept) - April Fools Day Race - Gregory Emmons (17:43); May Peter Pan - Jose Flores (17:21); June Garfield's Birthday -

David Weber (17:55);

August Watermelon Day - Donald Czarapata (17:42); September Video Day - David Weber (17:52).

Captain Cup Softball - Double elimination Championship game one, CNE hands RTC first tournament loss in 16-13 win. Championship game two, RTC bowls over CNE 19-4 for cup title.

Summer Hoops, RTC stays undefeated in basketball with 9-0 season.

Summerfest Softball tournament - CNE staves off Scrubs (Hospital) 25-16.

Captain Cup Flag, dental claims the cup in an 18-12 victory stopping a game tying play attempted from the goal line by RTC with no time remaining.

Fall Softball, CNE out-slugs SN STD Pro Mariners 22-11 in championship game.

Captain Cup Soccer, USS Cole wins title 2-0 over North Carolina.

Fall Basketball, RTC defeats Franchise to finish 14-0 and complete their year of basketball dominance with a 45-0 overall in the three seasons of basketball.

Fall Volleyball, PSD knocks off Army 21-17, 21-15 for title.

All-Navy team

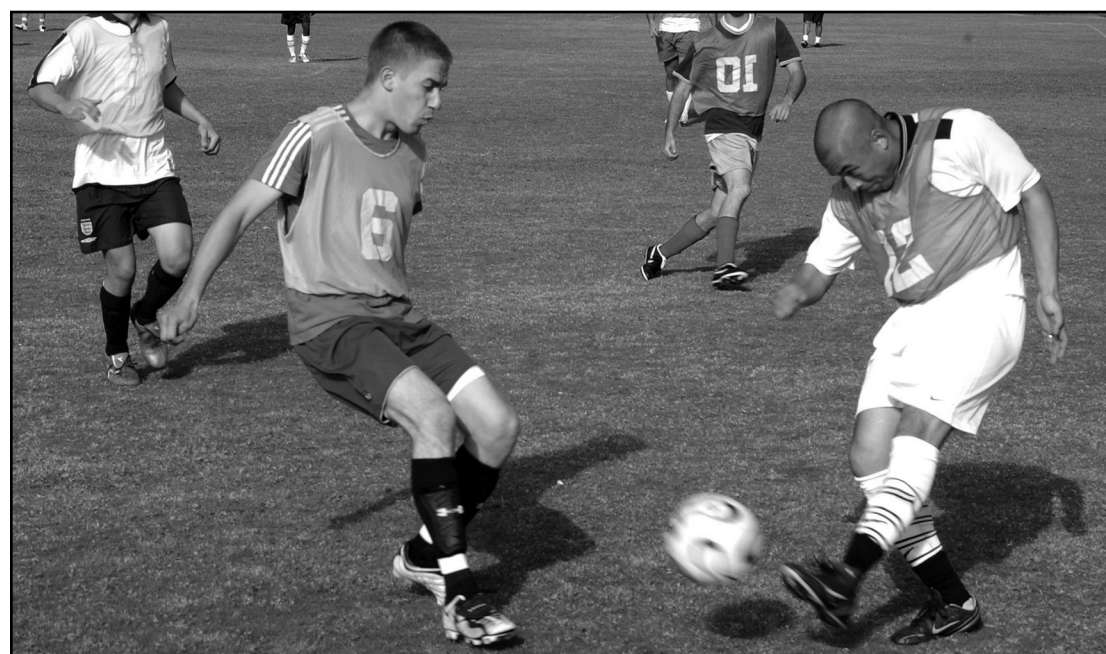


Photo by MCSN Patrick J. Cook

Sailors from commands around the globe show their soccer skills as they compete for a coveted spot on the All-Navy men's soccer team. The 18-man team will play in the Armed Forces Soccer Championship, Jan. 17-23. The tournament features the best soccer players from all branches of the military and will determine which players will represent the United States at the International Military Sports Championship.

2007 family fitness activities

January - Family Skate - Jan. 27. - noon - 2 p.m.. Meet at Constitution Field Ice Rink. Pick up skates at 440 if needed. Music/Hot Chocolate.

February - Feb. 10. - Snow

shoe/cross country ski race at Constitution Field. Sign up at Bldg 440 by Feb. 7. Family Swim - Feb. 24, - 3-5 p.m.

March - Family climb - March 17 - 11 a.m. - 2 p.m. Bring the entire family for a fun rock climbing experience. Games and obstacle courses, rope tying techniques and more await your challenge!

April - Family 16" Softball Tournament April 28. Sign your team up by what street you live on in base housing/ or local community you and military families reside. Rules and information meeting April 11 at 4:30 p.m. at Bldg 440.

May - Mother's Day Weekend 1.5 Mile Family Run, May 14. Register at Bldg 4. Race begins at 9 a.m.

June - 4-on-4 Beach Volleyball Tournament - Families may enter a team Bldg 440 by June 8. A Tournament will take place starting at Noon at Nunn beach on June 16.

July - Volksmarch (Waterfront) Families will march from Bldg 440 to the beach for a family swim, July 28. Families will meet at Bldg

440 at 11 a.m. Bring a picnic lunch and participants will play in games.

August - Family Beachfront Challenge. Aug. 10. Take the Beach Obstacle Course Family Challenge. Course will run from noon to 2 p.m. All families interested in competing can register at the beach front on the day of the event. Awards and prizes will be issued to the winners of the challenge.

September - Family Football Punt, Pass, Kick Competition, Constitution Field. Children, mom and dad categories will be set-up. Event will be held on Saturday Sept. 8 from 9-11 a.m. Sign up at Bldg 440 by Sept. 5.

October - Family Sports Palooza - Bldg 4 (Basketball, Volleyball, Kickball, Wall) Oct. 13 from noon to 2 p.m. Bldg 4 will be open for families for recreation use.

November - Family Basketball Tournament - Nov. 17. - Sign your team up by what street you live on in base housing or local community you and military families reside. Rules and information meeting Nov. 7 at 4:30 p.m. at Bldg 440.

MWR SKI TRIPS!

Enjoy Great Ski Trips & Save Money Through MWR ITT!



• Sat., Jan. 13, 9 am-6:30 pm	Highlands of Olympia	\$45/person
• Fri., Jan. 19, 3 pm-11 pm	Wilmot Mountain	\$55/person
• Sun., Jan. 28, 9 am-6:30 pm	Alpine Valley	\$55/person
• Fri., Feb. 2, 3 pm-11:30 pm	Wilmot Mountain	\$55/person
• Sat., Feb. 17-18 7 am (Sat.)-10 pm (Sun.)	*Nordic Mountain	\$180/\$160person
• Sun., Feb. 25, 9 am-5 pm	Highlands of Olympia	\$45/person

For details, call the ITT Office (Bldg. 400) at 688-3537.

All trips include transportation, lift ticket and rentals.

*Nordic Mountain trip includes one night's accommodation in a double room & two days of snowboard rentals, cost \$180 (or ski rental \$160).

